

PROFESSIONALLY SELF-DETERMINATION AS A BASIS FOR CREATING THE CONDITIONS TO ENSURE THE QUALITY OF LIFE OF YOUNG MAN.

Sydorenko V.

Choice of profession, professional self-determination, individual human characteristics, career guidance work, the system of vocational guidance.

It is shown importance of the conscious and the correct choice of future profession of young person. This selection is a complex process, the effectiveness of which depends on the availability of a comprehensive sound system of career guidance to pupils in secondary schools. It is disclosed the content and features of career guidance at different stages. It is to prepare pupil to inform choice of profession, to meet the personal interests and public needs. It is justified kinds of career-oriented activities. In particular, professional information assumes full and complete knowledge of pupils to the world of jobs, the rules of choice of profession, socio-economic, psychological, medical and physiological aspects of the career choice. Professional education includes a number of measures to create professional aptitudes and interests of the pupils. Professional advice is evidence-based guidelines specific person or group in the period of career choices. Professional diagnostics is the study of the individual of pupil, the process of growth, the formation of qualities, abilities and interests. Professional selection reveals the suitability of a person to a particular type of labor. Professional adaptation is an active process of adaptation young man to working conditions. It is proved that a skillful combination of all the components of career guidance is the basis for scientific career choice.

