

PREVENTION OF AGGRESSION RURAL SCHOOL CHILDREN
BY MEANS OF MARTIAL ARTS.

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Deviant behavior, prevention of aggression, «with uncontrollable» children, a martial art.

The article describes the main ways to prevent aggression rural school children by means of martial arts, so that student groups are friendlier, and their relationship more stable and pleasant. A program designed to teach children to control their aggression and exempted from it in an acceptable form, create self-esteem, develop the ability to effectively communicate and collaborate with others, to plan and predict the future, understand that they are responsible for their lives. Presented aggression prevention program among students' grades 6-7 for one academic year. Deviation in adolescence occurs as a response to the inability of the individual to realize their personal tendencies to self-actualization. Therefore, prevention and combating aggression, as a manifestation of deviant behavior possible through self-learning human ways that generally promote psychological well-being of adolescents or young person..

Was carried out prevention and reduction of aggression in adolescence by developing self-esteem, learned appropriate ways to respond to difficult situations, making yourself and others, formed a positive attitude towards a healthy lifestyle and children improved their level of physical fitness and overall health of I am.

Students have noticed a that have become more disciplined, learning the rules of etiquette Karate taught to respect others, both adults and peers, respect their opinion. In all there were not only new, but true friends do not encourage the commission of offenses, but rather to encourage exercise and lead a healthy lifestyle.