

I. G. Roshchin Conceptual bases of physical preparation of pupils on national secondary schools

Formulation of the problem. Quality education is a necessary condition for sustainable democratic development of Ukrainian society.

At the state level education recognized strategic resource of socio-economic, cultural and spiritual development of society, improving people's welfare, national interests and strengthening the international prestige and create a positive image of our country.

In view of the most important priorities for the country are educating people innovative mindset and culture.

Material of research and its methods. The material for this study are the legal documents in the field of pedagogy and physical education. An array of scientific and methodological achievements of scientists of different times on the issue of content, organization and specificity of physical training of pupils different age groups and educational institutions. Methods of scientific knowledge were: analysis and synthesis of the literature, method of induction and deduction, the method of scientific modeling.

The obtained results. Adoption of the Concept of physical education in the education system of Ukraine due to the crisis in the national system of physical education of the population that does not meet modern requirements and international standards of physical readiness person. The Concept defines organizational and pedagogical basis, trends in radical restructuring program, normative, scientific and methodical, information, human resources and financial secured. Concept of education of children and youth in the national education system as "an element of the new ideology of education", defined the priorities of education and basic ways to implement them at the present stage of development of Ukrainian society. Given the problems of the Ukrainian statehood, integration into European and world community, including tasks, these key concepts, we find the following: "to ensure the full development of children and youth, health and enhance their physical, mental and spiritual health". Meaningful analysis of documents allowed to state the following priority areas of physical education, "promote healthy lifestyles as an integral part of general culture of personality; full physical development of

personality, the formation of physical abilities, health promotion; to achieve harmony of body and spirit, human and nature".

Consequently, variety concepts of educational previous years and regulations were not focused on the individual child, to formation of a youth vital competencies of healthy particular.

Keywords: physical education, national education, pupils, the concept of education.