

OPTIMIZATION OF FORMS PHYSICAL TRAINING LEADERS TRAINING
SERVICE REFORM IN MODERN CONDITIONS OF THE ARMED FORCES
OF UKRAINE.

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Managers, physical training, methodical preparation, the armed forces.

The results of the analysis of the current state of methodical preparation military-man Armed Forces of Ukraine defined that the level of theoretical knowledge and methodical skills necessary for the organization of training and individual physical training is inadequate, and the current system of training of managers of physical training is outdated and needs improvement. The defined basic areas of preparation of managers of physical training related to the ability of commanders at all levels to independently organize and conduct physical training in the subordinate units and personnel to organize and conduct individual physical training.